

Vedanta Reflection/Questions: Lesson 30

1. Purpose of Bhagavad Gita

2. How to Communicate: ___ vadam

- a. **satyam** (Honesty/Integrity. Don't be shy. Say it!)
- b. **rutam** (Researched. Don't speak unless it's 100% verified.)
- c. **priyam** (Appropriate/timely. Sensitive to environment's needs.)
- d. **hītam** (Leads to learning. Curious what other has to say, judge not.)

3. Subtle Body

- a. **Mind:** Manas
- b. **Intellect:** Buddhi
- c. **Ego:** Aham Kara (Doer/Enjoyer)

4. Causal Body

a. Karma

- i. **Sanchita** (Storehouse of all lifetime karmas)
- ii. **Prārabdha** (portion of Sanchita playing out in this lifetime)
- iii. **Agami** (created by Prārabdha, which will become Sanchita upon death)

b. **Vāsanā** / Saṃskāra

5. Dharma:

- a. **Samanya** (Universal values. Applies to entire Universe.)
- b. **Svadharmā** (Unique to circumstance. EG: Mom. Must adhere to Samanya.)

6. Explain concept of “Free Will”. (Must tie in with 4a)

7. What are some **attributes of a jīvan-muktaḥ?** (Liberated while living)

8. **GENERAL: What is the purpose of Avaita Vedānta?** (Examples, Term, How it helped you, etc.)

9. **Who am I NOT?** (Use all Vedānta knowledge to describe what the “I” is not.)

Yey!work for Jan 15th 2019 ☺

1. What does it mean to live life of Dharma?
2. What is the difference between Satya/Mithyā? And how is this knowledge applied in day-to-day “ordinary” life of duties, joys, sorrows, concerns, doubts and epiphanies?