

Vedanta Reflection/Questions: Lesson 43

1. Why can't you experience Brahman (Consciousness)?
2. Brahman is always experienced as self-evident "I". True/False?
 - a. If True, then justify your answer.
 - b. If False, then please consult teacher for clarity.
3. List **characteristics** of Karma Yogī?
4. **One time deliberate planning** is *DIFFERENT FROM* **constant planning** motivated by anxiety of future. **True / False?**
If TRUE, then what is **DIFFERENCE** between:
 - (1) **Deliberate** planning, and
 - (2) Planning motivated out of **saṅkalpaḥ** (worry/anxiety/constant planning of future)?
5. What is samatvam (**balanced mind** / mental equipoise)?
6. **Give example how** will you **apply** samatvam **next time worry comes** regarding *money/career, spouse, children... ?*
Provide one method.

Other comments about anything? Your time.